UNIVERSITY OF PATRAS NIKOLAOS G. VASILEIOU Curriculum Vitae

Permanent Physical Educator, Special Research & Teaching Employee in the University of Patras, University Gym, Greece

DATE OF BIRTH: 17 April 1958 TOWN OF BIRTH: Patras, Greece FAMILY SITUATION: Married. Children (3): George, date of birth 1988 Konstantinos, date of birth 1992 Elisabeth, date of birth 1997 E-MAIL: vas-nik@otenet.gr SOLDIER PERIOD: 25 months in the Greek Navy, from 3/10/83 έως 4/11/85

#### UNIVERSITY STUDIES

- Diploma in Physical Education, National and Kapodistrian University of Athens, Greece, 1987, grade: "very good"
- Diploma graduated in swimming games, National and Kapodistrian University of Athens, Greece, 1987, grade "excellent".

### ATHLETIC ACTIVITIES

- From 1968-1980 occupation as a swimming and water polo athlete in the Nautical club of Patras (N.O.P). Till 1974, as a swimming and water polo athlete, I was in the first 4 positions in the National Greek water games. In 1974, I was called for first time in the Greek Swimming National Young Team for the Balkan matches, but 3 days before the departure the mission cancelled.
- In 1976 and 1977 I took the first position in the Greek National School Championship with a new record in this championship from me.
- In 1976 and 1977 I took part with the Greek Water polo National Young Team in prepared games, tournaments and Balkan games.
- In 1978 and 1979 I took part with the Greek National Swimming Men-Women team in the international athletic meeting Portugal-Greece in Lisboan and in Balkan matches in the same category in Crani of Yugoslavia and I took the 8th position in 100m free style.

- In 1979 with the National Greek Water polo Young Team, I took part in the Balkan games in Boukouresti in Romania and I took the 4<sup>th</sup> position.
- The same year (1979) I took part too with the National Greek Water polo Student Team in the Worldwide Student Games in Mexico city.
- From September 1980 till September 1982 I belong and I play in Athletic Nautical Club of Glyfada Athens. In these two years we are in the second position in the National Water polo Championship. Also I took part in the two Championships of the European Cups.
- On September 1982, I returned as a water polo athlete in Nautical Patras Club (N.O.P) and continue playing till 1985, the year I finished my athlete/game career.

## COACH ACTIVITIES

- From January 1978 to September 1980 I worked as a second swimming coach in Aris Nikaias Team, Athens.
- From October 1980 to April 1982 I was a swimming coach in Athletic center of Glyfada, Athens.
- From April 1982 to September 1983 I worked as a second swimming coach in Nautical Club of Patras and as an assistant coach in water polo also in Nautical Club of Patras with the famous water polo coach Ibo Troubits.
- From October 1985 to 30/9/1991, I worked as 1<sup>st</sup> coach in swimming Nautical Club of Patras. The swimming team of Nautical Club of Patras from 1985 with only 4 points in the Greek National Championship and 34<sup>th</sup> position, managed with me as I was its coach in 1991, to have over 100 points and to calculate in the best fifteen teams in Greece. In province areas in Greece except the center of Salonika, the team was between the first two teams. N.O.P athletes from then, succeed National and Balkan victories. Tree of these athletes are the last two years members of the Greek National Teams.
- From October 1991 to June 2002 I worked as a 1<sup>st</sup> coach in Athletic Nautical Club of Thriamvos Patras.

- The swimming team of Thriamvos Patras from its first match times sent an athlete (woman) in the final Winter and National Championship in 1992-93-93-95-96-97-98- 99-00-01-02.
- From 1-7 July 2000 the President of the Athletic Organization of the Municipality of Patras decide to sent me as general coach in the International Children's Games in Hamilton Canada.

## ADMINISTRATIVE WORKS IN UNIVERSITY SPORTS IN TOPICAL AND NATIONAL LEVEL

- Member of the sports committee of the University of Patras from 1/10/1998 to 2001. Member again from May 2004 ongoing.
- With the sentence F7/B3/6023/18.8.95 of the Greek Ministry of Education I was prescribed as an escort, coach and responsible preparation for the Greek National Student Team of Swimming for the World Universiade in Fukuoka, in Japan from 20/8/95 to 5/9/95.
- With the sentence F7/B3/3967/22.6.99 of the Greek Ministry of Education I was prescribed as an escort, coach and responsible preparation for the Greek National Student Team of Swimming and water polo for the World Universiade in Palma de Mallorca, Spain, from 2/7 to 14/7/99.
- With the sentence F7/B3/2316/30.7.01 of the Greek Ministry of Education I was prescribed as an escort, coach and responsible preparation for the Greek National Student Team of Water polo for the World Universiade in Pekino, China from 15/8 to 2/9/01.
- With the sentence F7/B3/1892/19.7.03 of the Greek Ministry of Education I was prescribed as an escort, coach and responsible preparation for the Greek National Student Team of Water polo for the World Universiade in Daegu, Korea, from 19/8 to 2/9/03.
- With the sentence F7/B3/1945/1.7.05 of the Greek Ministry of Education I was prescribed as an escort, coach and responsible preparation for the Greek National Student Team of Water polo for the World Universiade in Smyrne, Turkey.

- Member of the organized committee of the 1<sup>st</sup> National Athletic Universiade which took place in Patras, Greece, on May 1999, under the University of Patras' organization.
- With the sentence F7/B3/375/27.1.2000 of the Greek Ministry of Education I was prescribed as a member of the Central Athletic Committee for University Athletics of the Greek Ministry of Education (E.A.T.E), till April 2003.
- With the sentence F7/B3/38065/17.4.2003 of the Greek Ministry of Education I was prescribed as the President of the Central Athletic Committee for University Athletics of the Greek Ministry of Education (E.A.T.E), till 18/6/2003, when I was replaced without any reason of the Greek Ministry of Education.
- With the sentence 145362/KD 22/12/03 of the Greek Ministry of Education I was
  prescribed as a member of the organized committee for the 7<sup>th</sup> International
  Student Championship of Tae Kwon Do, in the city of Patras, Greece from
  2/6/2004 to 5/6/2004. The organized committee decided for me in this
  championship to be the General Director of this organization.
- From July 2004 on going the Senate of the University of Patras decide to prescribe me as the coordinator in the University Gym (director).
- Instigator and organizer of the 1<sup>st</sup> Athletic Day in the University of Patras in 2005, and organizer from 2005 on going (2007, 2009, 2011...)
- Member of the organized committee and technical responsible in the 5<sup>th</sup> Athletic Universiade which took place in Patras. The University of Patras organized this with help from the municipality of Patras, the Prefecture of Achaia, the district of west Greece, on May 2006.
- From June 1992 ongoing organized and went with as a coach in all athletic teams of the University of Patras in several athletic games.
- I participate as responsible and organizer in all university of Patras championships every year from 1992 and ongoing.
- Responsible for the organization for the 1<sup>st</sup> Athletic Scientific University of Patras Gym Meeting which took place in the University of Patras on November 2007, in the conference center of Patras' University with the title: "drugs, diet, sports".

- Responsible for the organization for the 2nd Athletic Scientific University of Patras Gym Meeting which took place in the University of Patras on February 2010, in the conference center of Patras' University.
- Responsible for the organization in Greek National Students Swimming and Water polo Sports, in November 2007, in Patras.

# RESEARCH ACTIVITIES

.Collaboration research with the health laboratory in the microbiologist environment department of the medicine department of the University of Patras. Title: "Associate microbes from swimming pool for swimmers' sickness".

## CIVILIZATION ACTIVITIES

- Member in the administration committee in the National Athletic and Nautical Center of Patras, with the decision of Achaia prefecture, from September 1989 to 1993.
- Member of the organized committee of the Nautical Club of Patras, to organize the international swimming games with the name "GEORGIADEIA" and the Spring Cup in the years 1985-86-87-88-89-90.
- Member of the organized committee of the five countries water polo tournament in Patras, Greece, in August 1988, with the municipality of Patras and with the Greek Swimming Sportsman Federation.
- Committee member for the pupils/athletes valuation for their insertion in the school athletic departments in the school years 89-90, 90-91, 91-92, 92-93.
- Member of the prefecture's organization and it's committee for the Olympic Street Candle for the XXV Olympic Games "Barcelona 1992".
- Member of the senate of the University of Patras as an E.E.DI.P (for all permanent educators, special research & teaching employees), from September 1998 to September 2006. From 9/2006 and ongoing as an election member).
- President for all E.E.DI.P- permanent educators, special research & teaching employees in the University of Patras from 2006 ongoing.

- Member of the administrative council of the Club of the Greek Water polo Referees from February 1994 to 2/1996. Also from February 1996 until January 1998 and also from March 2005 ongoing.
- Inspiration and person in charge of organization for the National swimming games named "Christmas Cup" organized by the Athletic Club of Thriamvos Patras at the years 1992-93-94-95-96-97-98-99-01-02-03-05-06.
- Person in charge (responsible) and technical director for the 1<sup>st</sup> Water polo
   World League which took place in Patras, Greece with the Greek Swimming
   Federation and FINA in July-August 2002.
- Person in charge (responsible) and technical director for the XI Worldwide Championship for technical swimming which took part from 8-15 September 2002 in Patras with the EOUDAATK and CMAS
- Technical adviser on subjects of organization of the pool games of Chairman of Organism of Youth and of the Municipality Messatidos - Patras Achaia, from January 1998 up to December 2002.
- Swimming trainer from May 1999 up to today (voluntary work) in the Network of Therapeutic Services of drugs named "Bridge". Each year on 26 June honoring the world day at drugs, cured with the trainers in the therapeutic club swim a distance from Antirrio to Rio Patras as symbolic passage from making dependent in clean and without dependences life.
- From May 2004 till September 2004 I am engaged by Organizational Committee
  of the Olympic Games "Athens 2004" as assistant Director of the Olympic City of
  Patras for the Olympic Football Tournament. Competences that were assigned to
  me was the directory of Patras Olympic Hotel, the image and management of the
  city of Patras at the duration of the Olympic Games, the transportation from and
  to the Olympic Airport of Araxos Achaia of all football teams and the
  responsibility of management of volunteers in the city of Patras and in the
  Olympic Hotel.

#### JOB EXPERIENCE IN PUBLIC SECTORS

- From 26/1/88 to the end of the schools year 87-88, I was working as a substitute physical educator in the 30<sup>rd</sup> high school of Patras.
- From 24/10/88 88 to the end of the schools year 88-89, I was working as a substitute physical educator in a Primary school in Patras, specialized for new programmes in education.
- Also from 23/10/89 to 20/11/89 as above.
- From 20/11/89 till the end of the schools year 89-90, I worked- after the decision of the Greek Ministry of Education – in the first and new Athletic school, specialized in swimming for the pupils'/athletes, in training for swimming and water polo.
- From 15/1/90 to 16/8/90 I worked in the general athletic programmes of the municipality of Patras
- From 2/10/90 till the end of the school year 90-91, I worked for second year in the Athletic school, specialized in swimming for the pupils'/athletes, in training for swimming and water polo.
- From 12/9/91 till the end of the schools year 91-92, I work for third year in the Athletic school, specialized in swimming for the pupils'/athletes, in training for swimming and water polo.
- From 1/7/92 I work permanently and ongoing with the 8816/1.11.90 decision of the University of Patras and the Ministry of Education, as an E.E.DI.P: permanent physical educator, special research & teaching employee, for the physical education in Patras' University and ongoing.

### ATTENDANCE IN SEMINARS OF ABROAD - INTERIOR

 Attendance in the Seminar of American Swimming Coaches Association (ASCA) Dallas, Texas, USA, September 1986. Subject of Seminar was the Training and the Ergofysiologia. Also I took place in a Mini School in the technique of swimming.

- Attendance in the Seminar of Contact of Greeks Trainer of Swimming, Water polo, Dives, in Athens in November 1986. Subject of Seminar was the training and the kinesiology of the swimming.
- Attendance in the Seminar of Contact of Greeks Trainer of Swimming, Water polo, Dives in Athens in October 1988. Subject of Seminar was the ergofysiologia in swimming, analysis of Russian technique in the supine and butterfly style and the researches of trainer of swimming Councilman.
- Attendance in the 1st International Scientific Congress of EKOF in Athens in April 1989. Subject of Congress was the computers in the training organization of games and detection of talents.
- Attendance in the 1st Conference of Heads of Offices of Physical Education and Professors of Physical Education that teach in the Athletic schools that took place in Olympic Stadium of Athens from 16/2 - 17/2/90.
- Attendance in the 3rd Training seminar that organized the Club of Greeks Trainers in September 1990 on the subject: "The biological age of swimmers in Russia. Energy effort depending on the biological age. The importance of biggest engagement of oxygen in the swimming.
- Attendance in the 2nd Conference of Heads of Offices of Physical Education and Professors of Physical Education that teach in the Greek Athletic schools and took place in Athens from 11/3 up to 12/3/91.
- Attendance in Seminar SELME Achaias in Patras that was organized by the physical educator club. The professor was Mr. Geladas from Athletic Department of the University of Athens on subject "the perspiration at physical exercise" (8/2/93).
- Attendance in the 1<sup>St</sup> Athletic-medicine congress of the municipality of Patras on the subject: "Athletes' Wounds" (18-19/6/93).
- Attendance in the Seminar in the Olympic Stadium of Athens which was organized by the Contact of Greek Trainers of Swimming in collaboration with the ELKEPA on the subject: "Investigation of personality of Greek trainer" (24,25,26/6/93).

- Attendance in the 2<sup>nd</sup> Athletic-medicine congress of the municipality of Patras on the subject: "Diet-doping" (9,10,11/9/94).
- Attendance in the 1st training three meeting of the Contact of Greek Referees in Water polo in the Olympic Athletic Center of Athens, Greece, in collaboration with EKOF on the subject: "Behavior of Greek referee-organize for the matchinformation of new regulations" (7,8,9/10/94).
- Attendance in the XI World Athletic-medicine congress on sports of water tracks that organized the E.C. O.F with the monitoring of FINA, Athens 27/9 1/10/95.
- Attendance in the school for water polo referees of LEN on the subject (new regulations - collaboration with athletes - trainers) from 15 until 17/8 1996 in Istanbul, Turkey.
- Attendance in the 1<sup>st</sup> Greek National Congress of ELLEDA that took place in Thessalonica from 25 until 26 October 1996.
- Attendance in the International Athletic Conference of E.G.O (Greek Gymnastic Federation) on occasion of the 13<sup>th</sup> European RSG of Championship of Artistic Gymnastics that took place in Patras on 23 May 1997.
- Attendance in the Water polo School of LEN on the subject the psychology of referees, trainers - new regulations for referees from 16 to 19 October 1997 that took place in the Coverciano, Firenze, Italy.
- Attendance in the 1st Greek National Water polo Congress of EKOF that took place in a ship from Patras to Venice and return, from 29 October until 2 November 1998.
- Attendance in the international Medical Conference of E.G.O (Greek Gymnastic Federation) on the occasion of the 2nd European Master of Gymnastics that took place in Patras on 17 June 1999.
- Attendance as representative of Committee of Sports of the Greek Universities (EATE) in the General Assembly of European Federation of Academic Sports (EUSA), in November 2000 that took place in Paris, France.

- Attendance as participant at the conference in the works of 5th Greek National Congress of Administration of Sports of the Greek Company of Administration of Sports, which took place became in Patras, July 2004.
- Attendance in the World Congress on the sports and Water polo in athletes of 17-22 years old, which was organized by the World Federation of Swimming FINA in Argentina on August 2005.
- Attendance in the World school for Water polo referees (treatment of new regulations) that took place in Croatia (2003), in Morocco (2005), in Greece (2006) and in Moscow (2007).

# ATHLETIC CLUBS' MEMBER

- Member of the American Swimming Coaches Association (ASCA)
- Member of Contact of Greeks Trainers of Swimming Water polo Dives (SEPKYK).
- Member of Contact of Greeks Water polo Referees.
- From October 1990 I am evaluated as a Water polo referee in A1 of Greek National Category.

## HONORARY DISCRIMINATIONS AND PRAISES

- 1969 1970 as the better young athlete from the Newspaper "Patras Sport" after voting.
- 1995-96-97-98-99 as better referee of common sports from the Newspaper "Patras - Sport" after voting.
- The E.K.O.F for my most excellent presence as Water polo Referee in the final Greece Cup in Water polo, in 1998
- The Athletic Nautical Club of Thriamvos Patras for my multifaceted offer in the water tracks of Patras, in January 1999.
- The Nautical Club of Patras (N.O.P) for my fighting offer in the Club as its athlete in January 2000.
- The K.O. E. for my most excellent presence as Water polo referee in the International Tournament of young athletes and women "PYTHIA" in Itea, Greece, in July 2000.

- The Water polo Russian Federation for my most excellent presence as a referee in the International Tournament of Women in the KIRISI of Russia, in May 2002.
- The EOYDAATK for the most excellent organization of XI World Championship of Technical Swimming in September 2002.
- The administrative council of Partisan Belgrade Water polo Team for my most excellent presence in the International Water polo Tournament in March 2003. (silver medal).

# FOREIGNER LANGUAGES

English